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forms

APTI Application Form

4th Dan Blackbelt Grading

Each applicant must complete and submit **3 copies** of this application form to their instructor.

Name _____ Sex: **Male / Female** (circle the appropriate)

Instructor _____ School _____

Age _____ Height (cm) _____ Weight (kilograms) _____

Licence No _____

Please state any medical condition that could affect your performance

I hereby submit this application for grading and certify that I am fit to take part.

Signature (parent or guardian if under 18) _____ Grading Date _____

To pass you must score 65% or over

Pre-assessed Work assessed by instructor	
Presentation general appearance / uniform / etc	
Etiquette bowing / verbal acknowledgement (i.e. sir or ma'am) in a manner appropriate for high grade students	
Free sparring 10 rounds / spar appropriately for height, weight / you will be scored on technical ability and skill level	
1 step sparring (Students own) demonstrate good stance / distance / focus / timing in an appropriately realistic manner	
All 2nd Dan patterns performed technically correct, good poise / power / speed and relaxation at the appropriate times	
Sam-Il As above	
Yoo-Sin As above	
Choi-Yong As above	
2 Students choice pattern (none above) As these are choice patterns, an exceptionally high standard is expected	
Breaking choice of technique and choice of board, demonstrate measure / stance / positioning and power	
Theory & Terminology 10 questions / worth 1% each	
1 _ 2 _ 3 _ 4 _ 5 _ 6 _ 7 _ 8 _ 9 _ 10 _ Examiner: Mark to the right of each number: <input checked="" type="checkbox"/> If correct <input checked="" type="checkbox"/> If wrong	
Total	